

A F T E R C A R E



WHAT YOU NEED:

-CLEAR LIQUID ANTIBACTERIAL SOAP

[ex. - Softsoap - anything free of fragrance and dyes]

-**AQUAPHOR** [made by Eucerin, found on lotion aisle]

-**UNSCENTED WHITE LOTION** [ex. - Lubriderm]

-**SARAN WRAP & TAPE**

DIRECTIONS:

Leave the wrap on the new tattoo for a few hours before removing. First, wash your hands. Then remove the wrap and wash with as-hot-as-you-can-handle water. It will be sticky from blood, plasma, and ink. After de-gooing, wash with clear liquid antibacterial soap, rinse with hot water, pat dry with a paper towel, and let air dry for 15 minutes. When dry, re-wrap with saran wrap and tape in place. While sleeping this will keep your sheets from being soiled and allow the fresh tattoo to bleed out without dirt or pet hair sticking to it. Repeat this same washing routine morning, mid-day and evening and re-wrap each time. Keep the tattoo covered for the first two days and two nights. Do not apply lotion or Aquaphor during this time.

After the first few days of wrapping continue the same washing routine but only in the morning and evening. After it is dry, use a small dab of Aquaphor and rub in like lotion. A thin layer is desirable. Avoid thickly gooping it on which attracts dirt and gives bacteria a nice home to live in. You want your tattoo to be able to breathe to promote the healing process.

As the tattoo heals the top layers of your skin will begin to flake off which is normal. Resist the urge to peel those flakes. The pigment may look as if it is falling out but it isn't. If scabs form, do not pick them. The new skin will begin to itch but resist temptation. During the healing process keep your tattoo out of direct sunlight/tanning beds. Do not submerge it in water [swimming, hot tubs, baths] and keep your dirty little fingers off of it.

Once the tattoo has completed the peeling process, continue to wash it morning and night and as needed during the day. Follow up after each washing with an unscented lotion. You know your body best and listen to it as for when you need to moisturize. If it feels tight or dry then apply more lotion.

A tattoo is a an investment so take the time to care for it! It will take 4-6 weeks for a tattoo to be completely healed. Remember to use sunscreen (after it is healed) to preserve the vibrance and to protect your investment.

Seek medical attention if the tattoo site becomes infected or painful, or if you develop a fever shortly after being tattooed.

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